

Dear Parents and Guardians:

We have identified one case of Strep Throat at school. Because this is a contagious disease, please be advised of the following symptoms, which can appear 2-5 days after exposure:

Common Signs and Symptoms:

- **Throat pain**
- **Difficulty swallowing**
- **Red and swollen tonsils, sometimes with white patches or streaks of pus**
- **Tiny red spots on the soft or hard palate — the area at the back of the roof of the mouth**
- **Swollen, tender lymph glands (nodes) on the neck**
- **Fever**
- **Malaise**
- **Headache**
- **Rash (Red, pinpoint, on trunk, face, neck and extremities. Skin can feel rough.)**
- **Stomach ache and sometimes vomiting, especially in younger children**

If your child shows these symptoms, please have them evaluated by your Doctor. For accurate diagnosis, a throat culture needs to be taken. Symptoms generally occur 2-3 days before a culture will show positive results. Following a culture being taken, your child should remain at home until you know the results. If medication is prescribed for strep throat, your child needs to be on the medication for 24 hours AND fever free for 24 hours before returning to school. Please notify me at ext. 8230 if your child is diagnosed with strep throat or scarlet fever, or if you have any questions or concerns. Also, please see the links below for more information from the Center for Disease Control regarding Strep Throat as well as the Flu Virus.

[Strep Throat - All You Need to Know](#)

[Flu Guide for Parents](#)

Sincerely,

Nurse Lisa