

Leader in Me Summer Assignments – Incoming Grades 6 - 8

This past year, as part of our Leader in Me Program, we continued to learn and practice the 7 Habits of Highly Effective People. During our summer vacation, we will focus on **Habit #7 – Sharpen the Saw**. This habit has been described as the “habit of renewal.” With this habit, we can continue to improve ourselves and, as a result, practice the other habits in a more meaningful way. Habit # 7 – Sharpen the Saw tells us that “Balance Feels Best”. We take care of our body, heart, mind, and soul. When we take care of ALL our different parts, we find balance in our lives and become the best version of ourselves. Not only are we happier and healthier, but we can have a positive impact on those around us.

Assignment #1 – Sharpen the Saw

From the beginning of summer vacation until we meet again in September, you will find ways to take care of your body, heart, mind, and soul. You are expected to do the following:

GOALS - Set some goals for yourself. Write down ways you plan to take care of your body, mind, heart and soul. (Be sure to include all four areas.) You must have some specific plans of how you can do this. For example, for your body, you can plan to exercise four times each week.

MEASURE - Once you have set your goals, decide how you can measure your progress. You can use a calendar and mark down each time you work on your goals. Maybe you’d like to fill in a bar graph monitoring your progress. How you measure yourself is up to you. Continue to keep track of what you do and how successful you are at reaching your goals.

REPORT – You will bring your information to school the first week of school and give an oral presentation in class. Explain what your goals were and how you achieved them. Discuss your methods and include those who may have helped you achieve your goals.

When we meet again in the fall, we will all be refreshed, renewed, energized, and ready to begin another exciting and successful year! Have fun, enjoy what you do, rest, relax, and be grateful to God for all your blessings! Remember . . . “Nothing is Impossible With God.”

Assignment #2 – Leadership Notebook Cover

All students will begin using Leadership Notebooks in September. In preparation for this, every student should design the cover for his/her Leadership Notebook. The binders have a clear pocket on the outside cover – you will design an 8 ½ X 11 sheet to be inserted in the clear pocket. The page should include your name and any images, pictures or symbols which represent you. Your page should reflect your personality and may also include adjectives or quotes. Be creative. The cover page is due September 6.

Assignment #3 – Establish Academic and Personal Goals

Students will choose one personal goal and one academic goal for the 2017-2018 school year and write these goals on an index card. The index card is due on September 6. Students will then learn how to complete a Student WIG Planning Worksheet which will be placed in the Leadership Notebooks. Students will continue to work on these goals throughout the year.